

# The Open Focus™/Brain Synchrony Workshop

## Carmel, California

MARCH 18, 19 and 20, 2017



### The **Open Focus™**/Brain Synchrony Workshop

The Open Focus/ Brain Synchrony Workshop offers an opportunity to train with Les Fehmi, Ph.D. and Susan Shor Fehmi, LCSW using the Open Focus method of attention training in conjunction with neurosynchrony equipment.

The training of whole head, phase synchrony brain wave activity yields significant performance benefits. Open Focus attention training exercises can be used clinically along with neurofeedback instruments to reduce the many symptoms of stress, to dissolve physical and emotional pain and to enhance well-being and performance.

#### **Day One-Brain Synchrony Training**

The first day of the training workshop includes participants training each other and experiencing multiple sessions of 5-Channel brain synchrony training. The objectives are to demonstrate how OPEN FOCUS and synchrony training alleviate symptoms, dissolve uncomfortable experience and enhance feelings of well-being.

#### **Day Two-Single or Couples Synchrony Training**

The second day of the workshop is a continuation of Day One; multiple sessions of 5 Channel phase synchrony training.

#### **What**

The Open Focus & Brain Synchrony Workshop and additional Certification Training hours by appointment

#### **When**

2017  
Saturday, March 18  
Sunday, March 19  
Monday, March 20  
9am-5pm

#### **Where**

Carmel Mission Inn  
3665 Rio Road  
Carmel, CA 93923  
(831) 624-1841

#### **Cost**

Day One & Day Two: \$ 590.00  
Day Three ONLY:\$295 .00  
ALL THREE DAYS:\$885 .00

#### **Contact Us**

Office: 609-924-7777  
[openfocuscoaching@openfocus.com](mailto:openfocuscoaching@openfocus.com)

Alternatively, those who wish to bring a partner, or to be paired with another workshop participant, will be provided with linked neurofeedback equipment, allowing for the training of whole head synchrony training in tandem. For many, the resulting experience is a sense of harmony and union.

### **Day Three-Open Focus Training**

A full day of OPEN FOCUS training will consist of verbally guided exercises, without using instrumentation, with emphasis on dissolving physical and emotional pain.

## **Registration Information**

- To register for the CARMEL, CALIFORNIA workshop or for more information, please call 609-924-7777 or [email](#) our office.
- There is limited seating for this event.
- [ONLINE](#) PAYMENT

**\*All registrations are on a first come, first serve basis.**

**\*\*We require a \$350 non-refundable deposit.**

## **Certification Training**

To become a Certified Open Focus / Neurosynchrony Trainer, four private training hours with Dr. Fehmi or Susan Shor Fehmi are required. Certification training consists of three training hours and one testing hour. The cost for certification training is \$880.00. The cost of the certification training is in addition to the cost of the three-day workshop.

The total cost for the three-day Workshop attendance and Certification training is \$1765.00

***Certification training hours are on a first come, first serve basis. Please call the office as space is limited.***

## **Workshop & Hotel Accommodations**

The workshop will be hosted at:

**Carmel Mission Inn  
3665 Rio Road  
Carmel, CA 93923  
(831) 624-1841**

### ***Quick Links***

[OPEN FOCUS WEBSITE](#)  
[Carmel Mission Inn](#)



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